

# 2<sup>nd</sup> half MINISTRIES

Minnesota Seniors Enjoying the Second Half of Life!

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# MINNESOTA SENIORS NEWSLETTER

OCTOBER 2018

Web Site: [www.mnaog.org](http://www.mnaog.org)

## A NOTE FROM THE DIRECTOR.....



We held our annual senior's fall retreat at Lake Geneva Christian Center last month. We enjoyed three days of beautiful sunny weather, great music, fellowship, and the ministry of Scott & Karen Hagan. We missed many of you! We now look forward to church fall activities, the holidays, along with those special family get-togethers. As we are preparing this newsletter, we are anticipating our fall foliage cruise on the Mississippi River on October 13. About 50 seniors have already signed up for this delightful afternoon together. Our next "Seniors on the Go" event will be our annual **"Songs of the Season"** dinner and concert at North Central University on Friday, November 30. The enclosed flyer will give you information for your consideration. In past years this activity has proven to be a very popular holiday event. I hope you will join us. We are limited to 80 people, so send in your reservations now.



Our fall retreat began on Friday evening with a concert by the Benson Family who provided a variety of delightful music

One of my goals is to see senior ministries flourish in our local churches. I am looking for those of you who will help facilitate activities in your local church and in our sections. Many of you are active and I would like to hear what you are doing so we can share your ideas with others. Seniors CAN be active! They CAN minister to others! God is not finished with us! I've asked Dan Parotti to tell us what seniors in his church are doing to remain active in ministry.

*Bruce Talso, Director*



"Early Bird" walkers started the day with a brisk morning walk



Pastors Duane & Lisa Smith celebrated their wedding anniversary



We enjoyed the ministry of Scott & Karen Hagan during our retreat

## SENIOR OPPORTUNITIES

By Dan Parotti, Senior Adult Pastor  
Cedar Valley Church, Bloomington, MN



Here at Cedar Valley Church, I'm seeing beautiful fruit as our seniors step out in new areas of ministry within the church. This year, 8 of our 65+ seniors, went on missions trips. 4 headed to Brazil to help a local church refurbish an underfunded public elementary school, while the other 4 joined the team to Los Angeles serving the homeless. One of the 8 was a 75 year old man who, one month before leaving for LA, lost his wife. Choosing the Lord as his comforter, he went to LA and continues in new adventures and opportunities, sharing his faith and serving others. In fact, two weeks ago he joined us in serving a meal to Chinese students at the U of M. Part of our goal is providing "springboard" opportunities where seniors can invest in the life of a young person. Our Young Adult/Senior Mixer lunch has been a fun way to create an

# SeniorLife

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easy space to start connection. Also, senior adults are writing letters of wisdom and notes of encouragement in bibles given to graduating students in the spring. I also know of an 80+ couple in a life group of young married couples, walking alongside them in encouragement and mentorship. A woman of 79 serves weekly in our nursery. We are seeing relationships develop, where senior adults encourage and mentor, and in return, are inspired by the younger. We also gather monthly for a seniors luncheon; 100 or so coming together in Christ, strengthened by fellowship, worship, good food, personal testimony and special guests. As the Senior Adults Pastor, I'm honored to be part of this mission; encouraging seniors towards ministry that reflects God's calling and design for the later years of their life. This engagement renews their purpose and energizes their passion to serve and share their faith with others.



## Senior Adult Ministries Leadership Manual is now available!

- This 35 page manual will give you all you need to begin and conduct a successful senior's ministry.
- The manual can also be downloaded from our 2<sup>nd</sup> Half Ministries web page. ([www.mnaog.org](http://www.mnaog.org)) or, will be sent by mail to those requesting a copy. Send your request to: Minnesota 2<sup>nd</sup> Half Ministries, PO Box 43953, Minneapolis, MN 55443



Your Director met "Baby Face Nelson" during our August "Gangster Tour" in St Paul which included a tour of the Wabasha Caves



### HAND IN HAND

Thank you, Lord, for lifting spirits  
When hearts are heavy and sad,  
Then you send thoughts of memories  
Of all the fun we've had.

Yes, memories are special gifts  
When we are feeling blue,  
And we're once again reminded  
to give our cares to you.

Your love uplifts us always  
As we look back on the days  
Of all the times you've given hope  
in many different ways.

I ask you, Lord, to lead me,  
I'll follow right behind  
And I'll be catching up with you  
when your hand is holding mine.

- Helen Kuester

Ed. note: I met Helen at our fall retreat. She shared several books of poetry she has written. This is a sample. If you are interested in contacting Helen, her address is 922 6<sup>th</sup> Avenue E., Alexandria, MN 56308 -1956

Questions about your estate,  
wills, trusts, Social Security  
concerns, medical directives?

Contact:

Darrel Amiot  
Minnesota District  
Stewardship Director  
612-310-1660

[darrel@amiotandassociates.com](mailto:darrel@amiotandassociates.com)



## ATTENTION SOUTHEAST SECTION CHURCHES

### SENIOR FELLOWSHIP

Saturday, October 20 11 AM



VALLEY VIEW ASSEMBLY  
305 West Grant Street  
Lake City, MN

- Take a scenic drive to Lake City!
- The Lake City church is graciously providing the meal..... FREE OF CHARGE!
- Just for fun.... Bring your favorite SOUP BOWL & SOUP SPOON
- Home baked bread, dessert and beverage available
- RSVP to Joyce at 651-345-3432

## WOULD YOU LIKE TO RECEIVE OUR MAILINGS BY EMAIL?

Send your request to either [brucetalso@comcast.net](mailto:brucetalso@comcast.net) or  
2<sup>nd</sup> Half Ministries, PO Box 43953,  
Minneapolis MN 55443.

## INFORMATION FOR SENIORS CHECK OUR WEB PAGE FOR VALUABLE RESOURCES FOR SENIORS

[WWW.MNAOG.ORG](http://WWW.MNAOG.ORG)

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