

2nd half MINISTRIES

MINNESOTA SENIOR NEWSLETTER

FEBRUARY 2018

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A NOTE FROM THE DIRECTOR

Since last fall, our Minnesota Seniors have been "On the Go!" Our October Fall Retreat at Lake Geneva Christian Center was well attended. We enjoyed the musical Garms Family and our speaker; A/G Asst. Superintendent Alton Garrison, plus some very interesting workshops. In November an enthusiastic group of travelers hit the road for a Branson Christmas Bus Tour. In December, we enjoyed a delightful holiday evening at North Central University's "Songs of the Season" dinner and concert. We have received many good reports on these activities. Now we look forward to a New Year, promising us new blessings and new opportunities to be a blessing to others!

The next activity will be our annual **Spring Luncheon** which will be held on **Saturday, April 7th** at Cedar Valley Church in Bloomington. **Larry and Gloria Lundstrom** will be our featured guests. They traveled extensively as a central part of the Lowell Lundstrom Television Ministry Team for 22 years. In 1983 they began their own soul winning ministry. Today, they present a warm, down-to-earth ministry including humor, uplifting music, encouragement and a call to commitment. They have been on the road for 52 years.....they are not OLD...they are GOLD! Plan to be with us! Information and reservation form is included on the enclosed flyer. **PLEASE NOTE: Cedar Valley Church requires a TWO WEEK notice for reservations, so we must honor their request. Therefore, the absolute cutoff date for your luncheon reservations will be March 24. We urge you to send your reservation in ASAP!** We are planning a couple of bus tours and cruises this summer, since both have proven to be so popular. We will give you further information in our next newsletter. Meanwhile, stay warm, and enjoy our beautiful Minnesota winter! May God bless you with His peace, joy and love!

Bruce Talso, 2nd Half Ministries Director



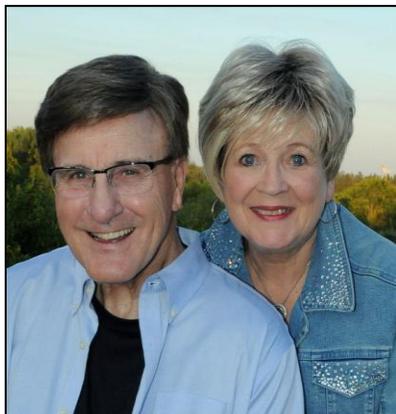
Rev. Alton Garrison



Branson Christmas Bus Tour



Songs of the Season Concert



LARRY & GLORIA LUNDSTROM

PLAN NOW TO JOIN US!
2ND HALFMINISTRY SPRING LUNCHEON
SATURDAY, APRIL 7 AT NOON
GUESTS: LARRY AND GLORIA LUNDSTROM

CEDAR VALLEY CHURCH
8600 BLOOMINGTON AVENUE SOUTH
BLOOMINGTON MN



COME AND ENJOY A DELIGHTFUL TIME OF FELLOWSHIP FILLED WITH SCRUMPTIOUS FOOD, UPBEAT MUSIC, HUMOROUS STORIES AND A GREAT MESSAGE!



HEY, MUSIC LOVERS

Friday, April 13, 7 p.m.
at Celebration Church
16655 Kenyon Avenue
Lakeville MN

THE BOOTH BROTHERS IN CONCERT



MUSIC FOR THE MASTER CONCERTS
CONTACT THEM AT 651-638-6333
FOR TICKETS
OR WWW.MUSICFORTHEMASTER.COM
COMING IN SEPTEMBER
THE COLLINGSWORTH FAMILY

Would you like to receive your newsletters by email?

More and more seniors are becoming familiar with "E-mail" which is a great way to keep in touch with what is going on around us. At present, our 2nd Half Ministry mailings are going out to a little over 1,100 individuals. We are beginning to compile an e-mail mailing list and will begin sending our newsletters to those wanting to receive them in that format beginning with our April newsletter. All you need to do is email us at brucetalso@comcast.net or send your email address to us by way of a card or letter to our [new PO Box](#) printed on the front of this newsletter. You will be added to the new e-mail list.

EQUIP CONFERENCE

Friday & Saturday April 20-21
Cedar Valley Church 8600 Bloomington Ave. So
2nd Half Ministries Breakout Session
Friday at 4:30 pm
"RE-ENGAGING YOUR SENIOR SAINTS!"

2ND HALF MINISTRIES FALL RETREAT



Lake Geneva
Christian Center

September 7 - 9, 2018

Lake Geneva Christian Center
Friday Night Concert: The Benson Family
Speaker: Scott Hagen, President
North Central University
Watch for details in future newsletters

The Back Pew - Jeff Larson



In their 35 years as neighbors on Earth, Arnie and Bart never knew they were both Christians. FUNNY isn't it? *Do your neighbors know what you believe?*

AN INTERESTING STUDY!

A new study suggests that going to religious services may lower the risk for premature death! Researchers used data from a 16 year Nurses' Health Study to collect their data. The study tracked health, lifestyle, and attendance at religious services of 75,534 women who participated. After considering more than two dozen factors, the researchers found that compared with those who had never gone to services, attending religious services more than once a week was associated with a 33% lower risk for death from any cause. Once a week attendance saw a 26% lower risk; less than once a week, a 13% lower risk. Risks for mortality from cardiovascular disease and cancer followed a similar pattern. The study found that social support contributed to the effect. But no matter how they analyzed the data, the effect of attendance alone seemed to have benefits. "This study suggests that there is something powerful about the communal religious experience" said the senior author, Tyler J. VanderWeele, a professor of epidemiology at Harvard University. Conclusion: Be faithful in your church attendance!

